

OMELETS *and* EGG ENTREES

CHIHUAHUA OMELET | GF | \$15

diced potatoes | chorizo sausage | cilantro sour cream | jalapeños | melted chihuahua cheese | avocado | house potatoes | toast White | Multi Grain | Rye | English Muffin.

CURRENTLY UNAVAILABLE!!

OMELET No. 5 | GF | \$15

gluten free, natural locally made Apple-Chicken-Chardonnay sausage | caramelized onions | baby spinach | aged white cheddar | topped with spiced pecan sour cream | house potatoes | toast White | Multi Grain | Rye | English Muffin

OMELET No. 16 | GF | V | \$14.5

pesto omelet | zucchini | baby spinach | kale | herb boursin cheese | feta cheese | balsamic reduction | organic mixed greens | balsamic vinaigrette | toast White | Multi Grain | Rye | English Muffin

OMELET No. 18 | \$15.5

smoked bacon | ham | poblano pepper | english cheddar spread | chipotle pepper jack cheese | rosemary | sweet and sour sauce | house potatoes | toast White | Multi Grain | Rye | English Muffin

POPEYE'S SCRAMBLE | V | GF | \$13.5

scrambled eggs | spinach | roasted tomatoes | aged white cheddar cheese | house potatoes | toast White | Multi Grain | Rye | English Muffin

GREEN EGGS & HAM | \$13.5

scrambled eggs | nut-free basil pesto | diced ham | roasted tomatoes | mozzarella | house potatoes | toast White | Multi Grain | Rye | English Muffin

BRUSSELS SPROUT BREAKFAST BOWL | V | GF | \$13

sweet potatoes | brussels sprouts | kale | garlic | sriracha | herbs | two over medium eggs | lemon sour cream | organic mixed greens | balsamic vinaigrette | add avocado 3 | add meat or vegetarian chorizo 2

PEPPERCORN-RASPBERRY EGG SANDWICH | \$12.5

toasted multi grain bread | two fried eggs | smoked bacon | baby spinach | aged white cheddar pepper-corn mayo | raspberry sauce | house potatoes

VEGETARIAN BREAKFAST BURRITO | V | \$12.5

scrambled eggs | meat chorizo | pico de gallo | aged white cheddar | chipotle sour cream | spinach tortilla | served with organic mixed greens | balsamic dressing

HUEVOS RANCHEROS | V | GF | \$12.5

two eggs your way | corn tortilla chips | vegetarian re-fried beans | smoked red salsa | aged white cheddar | queso fresco | served with house potatoes | add meat or vegetarian chorizo 2 | add avocado 3

TWO EGGS | GF | \$9

two fried eggs or scrambled eggs with house potatoes and toast White | Multi Grain | Rye | English Muffin

KIDS MENU

BABY CAKES | \$5

Five fun kid size buttermilk pancakes | butter | make them gluten free 2

FRUITY PEBBLE BABY CAKES | \$5.5

Five fun sized fruity pebble infused buttermilk pancakes | fruity pebble butter | make them gluten free 2

KIDS EGGS | \$6

(children 12 and under only)

One scrambled egg | house potato or wedge fries or sub a fruit cup | toast ~ white, multi-grain, marble rye, English muffin

KIDS GRILLED CHEESE | \$6 (children 12 and under only)

white, multigrain or marble rye | mixed cheese | house potatoes or wedge fries or sub a fruit cup

for LUNCH

VEGGIE MELT SANDWICH or VEGGIE MELT SPINACH WRAP | **V** | \$12 **V**

sautéed zucchini | mushrooms | garlic | roasted bell peppers | spinach | oregano with melted smoked gouda | aged white cheddar | rosemary bollo | served with organic mixed greens | balsamic vinaigrette | substitute the mixed greens, with a cup of soup \$2

GRILLED CHEESE SANDWICH | \$11.75

a blend of aged white cheddar | mozzarella cheese | caramelized onions | roasted tomatoes | pesto | grilled on your choice of white | multi-grain | marble rye | wedge fries | add avocado \$3 or bacon \$2 | sub a cup of soup \$2

GRASS FED BURGER | \$14.5

*grass fed beef | brioche bun | homemade pickles | bacon | horseradish-peppercorn sauce | aged white cheddar | onion | tomato | organic mixed greens | fries | add avocado \$3 | sub a cup of soup \$2

CHICKEN SANDWICH or CHICKEN Spinach Wrap | \$13.5

ciabatta bun | grilled chicken breast | marinated zucchini | tomato | honey-rosemary mayo melted chipotle-pepper jack cheese | spinach | wedge fries | sub a cup of soup \$2

TURKEY SANDWICH | \$13

two slices sourdough bread | cinnamon-guajillo mayo | turkey breast | crispy bacon | tomato | onion | oregano dressing | lettuce mix | aged cheddar | wedge fries | sub a cup of soup \$2

REUBEN SANDWICH | \$12.5

corned beef | marble rye | sauerkraut | thousand island dressing | swiss cheese | wedge fries | sub a cup of soup \$2

CHICKEN TENDERS | GF | \$12

gluten free chicken tenders | smoky bbq sauce | wedge fries | sub a cup of soup 2

CITRUS SALAD | **V** | GF | \$12

organic mixed greens | kale | cucumber | orange segments | tomato | toasted sesame seeds | feta cheese | honey-lime dressing

ORGANIC MIXED GREENS SALAD | **V** | GF | \$7

Organic mixed greens | cucumbers | fresh tomatoes | balsamic vinaigrette

CUP OF SOUP | \$4.5

with your choice of toast; white | multi-grain | marble rye | English Muffin