

# GUEST FAVORITES

Made with Plants. Made from Scratch.

## BITES AND SHAREABLES

**Chicken Wings** *(nut-free, crispy option cont. coconut)*  
Crispy or grilled made-with-plants chicken wings, naked or with your choice of sauce (Buffalo or Thai Chili Cilantro). Served on a bed of shredded cabbage, carrots, and green onion, and with a side of ranch. Small 6<sup>75</sup> Regular 8<sup>75</sup>

**Spicy Cauliflower Dippers** *(nut-free, cont. coconut)*  
Fried, panko-crusted cauliflower dippers with your choice of Buffalo or Thai Chili Cilantro sauce. Served on a bed of shredded cabbage, carrots, and green onion, and with a side of ranch. 8

**Nachos** *(gluten-free)*  
Corn tortilla chips, black beans and chipotle sauce, topped with cashew cheese, salsa fresca, roasted corn, green onions, cilantro and pickled jalapeño peppers. 6<sup>75</sup> Add avocado. 1<sup>29</sup>  
Add BBQ made-with-plants chicken *(not gf)*. 2  
Add seitan taco meat *(not gf)*. 2

## BURGER COMBOS

All burger combos come with a free choice of one \$2 side, or pay \$1 towards a premium \$3 side.

**Poppin' Jalapeño Burger** *(nut-free, cont. coconut)*  
Two made-with-plants burger patties covered in American cheese. With pickled jalapeños, crispy onions, made-with-plants jalapeño-pimento cheese, lettuce, and green goddess dressing. Served on a toasted pretzel bun. 12<sup>75</sup>  
Substitute one *[gf]* veggie patty. 1

**Double Cheeseburger** *(nut-free, contains coconut)*  
Two made-with-plants burger patties covered in American cheese. With pickle chips, red onions, lettuce, Thousand Island dressing and BBQ sauce. Served on a toasted hamburger bun. 12<sup>50</sup> Add seitan bacon. 1  
Substitute pretzel bun. 1 Substitute one *[gf]* veggie patty. 1

**Gastropub Burger** *(nut-free, contains coconut)*  
A made-with-plants burger patty, tomato bacon jam, smoked Gouda, fried onion rings, arugula, and plant-based mayo. Served on a toasted pretzel bun. 12<sup>75</sup>  
Substitute one *[gf]* veggie patty. 1

**BBQ Brisket Burger** *(nut-free, contains coconut)*  
Brisket-style seitan, a made-with-plants burger patty, fried onion rings, smoked Gouda, Southern slaw, pickle chips, plant-based mayo, and BBQ sauce. Served on a toasted pretzel bun. 12<sup>75</sup>  
Substitute one *[gf]* veggie patty. 1

## ENTRÉES

Substitute *[gf]* riced cauliflower for brown or jasmine rice.

**Orange Cauliflower** *(nut-free, contains coconut)*  
Crispy cauliflower tossed in a sweet and tangy orange sauce. On fried brown rice mixed with carrots, onions, peas and tofu scramble. Finished with sesame seeds and scallions. 11<sup>50</sup>

**Buddha Bowl** *(gluten-free)*  
Teriyaki sweet potatoes, avocado, pineapple, roasted almond slices, roasted corn, daikon sprouts, green onions, and jasmine rice. 10

**Cauliflower Chickpea Shawarma Bowl** *(gluten-free, nut-free)*  
Shawarma chickpeas and cauliflower, creamy tahini sauce, and tomato cucumber salad. Served on quinoa, and topped with ranch, mint, and parsley. 12  
Add spicy tempeh. 3

## HAND HELD COMBOS

All hand held combos come with a free choice of one \$2 side, or pay \$1 towards a premium \$3 side.

**Crazy Good Grilled Chicken Sandwich** *(nut-free, contains coconut)*  
Made-with-plants grilled chicken, smoked Gouda cheese, parmesan truffle potato chips, roasted tomatoes, arugula, and truffle aioli. Served on a toasted pretzel bun. 12<sup>50</sup>

**Cauliflower Chickpea Shawarma Wrap**  
Shawarma chickpeas and cauliflower, creamy tahini sauce, quinoa, tomato cucumber salad, arugula, ranch, mint, and parsley. Wrapped in a whole wheat tortilla. 12<sup>25</sup> Add spicy tempeh. 3

**The Real Nashville Hot** *(nut-free, cont. coconut)*  
Spicy fried made-with-plants chicken tossed in a real Nashville hot sauce, topped with Southern slaw, pickle chips, and plant-based mayo. Served on a toasted hamburger bun. 12  
Substitute pretzel bun. 1

**Chicken, Bacon, Avo Club** *(nut-free, cont. coconut)*  
Crunchy, herb-crusted made-with-plants chicken, seitan bacon, avocado, chipotle sauce, lettuce, tomatoes, and red onions. Served on a toasted sandwich roll. 11<sup>25</sup>  
Add American cheese. 1  
Substitute pretzel bun. 1

**Meatball Sub** *(nut-free, contains coconut)*  
Plant-based meatballs on a toasted baguette with truffle aioli, spicy marinara, melted smoked Gouda, arugula, and parmesan truffle potato chips. 12<sup>50</sup>

**Twister Wrap** *(nut-free, crispy option cont. coconut)*  
Made-with-plants crispy or grilled chicken, tossed in Buffalo sauce or naked. With avocado, mixed greens, cucumber salsa, and served with ranch or chipotle sauce. Wrapped in a whole wheat tortilla. 10<sup>75</sup>

**Chicken Run Ranch** *(nut-free, contains coconut)*  
Crispy made-with-plants chicken, ranch dressing, lettuce, tomatoes and red onions, served on a toasted hamburger bun. 11<sup>25</sup> Substitute pretzel bun. 1

## SALADS AND SOUP

**BBQ Chicken Salad** *(nut-free)*  
BBQ made-with-plants chicken with seitan bacon, roasted corn, organic black beans, jicama, salsa fresca, lettuce, avocado and pepitas. Served with green goddess dressing. 11

**Taco Salad** *(nut-free; gluten-free with tempeh option)*  
A blend of seitan taco meat, lettuce, cabbage, salsa fresca, roasted corn, green onions, cilantro, and tortilla strips. Served with creamy chipotle dressing. 10<sup>50</sup>  
Add avocado. 1<sup>29</sup> Substitute spicy tempeh.

**Seasonal Soup**  
Our kitchen's freshly prepared seasonal soups.  
Cup 3 Bowl 5

## SIDES

Seasoned Fries 2 *(gluten-free, nut-free)*  
Side Salad 2 *(gluten-free, nut-free)*  
Steamed Kale 2 *(gluten-free, nut-free)*  
Sweet Potato Fries 3 *(gluten-free, nut-free)*  
Seasonal Soup 3 *(gluten-free, nut-free)*

## DESSERTS

Oatmeal Crème Pie 4<sup>50</sup> *(nut-free, in CA: contains coconut)*  
Peanut Butter Parfait 4<sup>50</sup> *(gluten-free)*  
Chocolate Chip Cookie 2<sup>50</sup> *(nut-free, contains coconut)*

**NATIVE  
FOODS**