

## FRESH-SQUEEZED JUICE

CUCUMBER & MINT SODA - \$5.50

POWER GREENS - \$5.95

CARROT, APPLE & GINGER SNAP - \$5.95

ORANGE & TURMERIC TONIC - \$5.95

PINEAPPLE, PEAR & GINGER - \$6.50

MANGO, ORANGE & PINEAPPLE NECTAR - \$6.50

BLUEBERRY & BASIL SMASH - \$6.95

## SNACKS

KENNEBEC FRIES - \$6.95crispy lemons & chilis

HUMMUS - \$6.95vegetables, warm naan

POTATO SALAD DEVILED EGGS - \$6.95

TSUKUNE - \$7.95chili-cilantro sauce

KUNG PAO BRUSSELS SPROUTS - \$8.95

LOCAL BURRATA - \$9.95tomatoes, kale pesto

AHI TUNA CRUDO - \$10.95seven flavor chili

## MAIN

VEGAN TOMATO SOUP - \$7.95ciabatta croutons, basil oil

ENLIGHTENED CAESAR - \$11.95romaine & arugula, capers, croutons, grana padano,  
greek yogurt dressing

STRAIGHT "A" SALAD - \$11.95arugula, avocado, asian pear, asiago, almonds

CRISPY KALE SALAD - \$12.95 persimmons, pumpkin seeds, dates, parmesan, white balsamic vinaigrette

ROASTED CAULIFLOWER SALAD - \$13.95 arugula & kale, prairie breeze cheddar, toasted pistachios, capers, currants, pistachio vinaigrette

SUPERNATURAL CHOPPED SALAD - \$12.95 spinach, romaine, baby greens, celery, cucumbers, tomatoes, dried corn, gala apples, sunflower & pumpkin seeds, green beans, parmesan, migas, basil, market vinaigrette

POKE BOWL W/ BULGUR WHEAT - \$16.95 ahi tuna, avocado, shaved radish & cabbage, cilantro, ponzu dressing

GRILLED CHICKEN SANDWICH - \$13.95 arugula, avocado, pickled shallots, peppercorn aioli, kennebec chips

MUSHROOM & QUINOA BURGER - \$13.95 swiss cheese, baby kale, kennebec fries, sriracha aioli

DR. BOB'S TURKEY BURGER - \$13.95 all natural turkey, poached egg mayo, quinoa & almond kale salad

PRIME BURGER - \$13.95 whole grain toast or classic bun, kennebec fries, house-made giardiniera, choice of aged white cheddar, wisconsin swiss or havarti

WARM POT ROAST SANDWICH - \$13.95 toasted white cheddar bun, caramelized onions, watercress, kennebec fries

HOUSEMADE RICOTTA RAVIOLI - \$17.95 butternut squash, brown butter, pepitas, grana padano

TURKEY, SWEET POTATO & GREENS NEATLOAF - \$17.95 braised kale, vegetable gravy

CHILI & CHOCOLATE GLAZED SALMON - \$19.95 smoked almond slaw, corn tortillas